

SKIN CARE

PROGRAM OBJECTIVE

It blends technical training with a holistic approach to Skin Care including basic therapeutic massage techniques, hair removal, make-up artistry, aromatherapy, as well as general business practices. Our graduates are prepared for the dynamic growing field of Skin Care and its allied modalities as an entry-level Esthetician. Our program was designed to meet and exceed all of the requirements for Florida state licensure. Each graduate of this program receives a diploma and is registered for licensure in the State of Florida.

CLOCK HOURS: 320

PROGRAM DESCRIPTION

HIV104 - HIV & AIDS Education (4 hours) - This is an interactive class exploring HIV & AIDS including its history, transmission, prevention, and symptoms. The class will also discuss legal and ethical issues in both the personal and professional setting.

SKI101 – Ethics (2 hours) – Students will learn about the beauty and wellness industry. They will learn about personal hygiene, and professional image, communicating for success, human relations and how to develop good networking skills.

SKI102 – Product Chemistry (10 hours) - Students will understand basic chemistry and learn about the ingredients for formulating products. They will learn about cosmetic ingredients and their functions, FDA regulations regarding cosmetics claims and product safety. They will understand the PH scale and how acids and alkalis affect the skin.

SKI103 – Hair Removal (8 hours) - Students will learn the morphology of the hair; growth cycles, growth stages, methods of hair removal, waxing techniques and the contraindications, client consultation, room preparation and supplies needed, post wax treatments, and how to schedule services

SKI104 – Basics of Electricity (10 hours) - Students will learn about the nature of electricity, electrical equipment safety, electrotherapy, phototherapy and their contraindications

SKI105 – Sanitation (14 hours) - Students will learn about universal precaution, infection and disease control concerns. They will learn about the methods of equipment sterilization, sanitation procedures, health and safety in practical use as per the Occupational Safety and Health Administration (OSHA).

SKI106 – Florida Laws for Skin (5 hours) - Students will be informed of all Rules and Regulations set forth by the Florida Department of Business and Professional regulations.

SKI107 – Skin Theory, Diseases & Disorders of the Skin (85 hours) - Students will learn how to analyze skin disorders and diseases, identify the different types of skin lesions and inflammations; recognize pigmentation disorders and contagious conditions. They will learn about the potential damage of sun exposure and which conditions are to be referred to a physician.

SKI108 – Facial Techniques & Contraindications (130 hours) - Students will learn how to perform mechanical facials and manual facials including extractions. They will learn how to utilize masks, and how

to choose the appropriate treatment for different skin types. They will also learn about contradictions for all of the basic facials.

SKI109 - Microdermabrasion (30 hours) - Students are taught the indications, contraindications, benefits, and procedures of doing skin exfoliations using the microdermabrasion machine.

SKI110 - Glycolic Peels (22 hours) - Students are taught the indications, contraindications, benefits and procedures of doing skin exfoliations & cleansings with glycolic acid.

Total Clock Hours – 320 The Skin Care Program is based on 13 weeks with the Academic Year being defined as 26 weeks for Federal Aid purposes.